

# Merrion Cricket Club Winter Activities 2023

# **Training and Rugby Matches**

Although the summer still feels a long way off, the club will still be busy over the coming months preparing for the cricket season. Members may also be keen to avail of the club's facilities to park for rugby matches. The clubhouse and bar will be open on a number of occasions during the winter.

#### **Youth Training**

Michael Hingston [our Youth Development Officer] has put together a schedule of indoor and outdoor training programme for youth members.

## Outdoor XTRA Training at Merrion CC [Anglesea Road]

Programme: 4 Saturdays 21<sup>st</sup> Jan – 11<sup>th</sup> Feb

5 Saturdays 25<sup>th</sup> Feb to 1<sup>st</sup> April [no session on 25<sup>th</sup> Mar].

Sessions: Primary School (3rd to 6th Class only) – Boys and Girls – 1pm to 2.30pm

Secondary School (1st to 6th Year) – Boys and Girls – 2.30pm to 4pm

Cost: €10 per session.

## Indoor XTRA Training at Gonzaga College [Sandford Road].

Programme: 7 Tuesdays Evenings: Jan: 24<sup>th</sup>, 31<sup>st</sup> Feb, 7<sup>th</sup> Mar, 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>

Sessions: Primary School: Boys and Girls - 6.30 – 7.30

Secondary School: Boys and Girls - 7.30 – 8.50

Cost: €5 per session

There will be a maximum of 20 per session so it is important to book in advance

# Click link below for online application form and more details:

o <a href="https://forms.gle/csX2b34yYYDMRD8r9">https://forms.gle/csX2b34yYYDMRD8r9</a>

## February Mid-Term and Easter Holiday Camps

- We are looking at the option to run a February Mid-Term Camp TBC
- We will be running Easter Soft-ball Camp and Hard-ball XTRA Programme details to follow

### 1:1/Small-Group Programme with Michael Hingston

- 1-hour sessions organised privately through Michael through the 2023 winter
- Open to all players, youth and adult, male or female
- €35 an hour or 5 sessions for €160 (1:1) other rates are available for small-groups up to three
- Saturday mornings and weekdays after school are available while the light and the weather holds

Michael can be contacted directly at 0858774028 or on <a href="mailto:ydo@merrioncricketclub.ie">ydo@merrioncricketclub.ie</a> for further details.

#### **Parking**

Parking for rugby matches is available for members [subject to weather conditions and availability]. The ground and clubhouse will be open for parking for all Leinster and Ireland home games. Parking for Senior Members [Playing and Pavilion] is included as part of their annual subscription.

Weather may from time to time restrict the amount of parking on offer. On these occasions the ability to prebook, which is available to all members, may prove useful. Booking can be done on the Merrion website. There is a reduced rate of €5 for Senior [Playing and Pavilion].

Further information will be provided, especially if ground conditions limit parking, closer to the event.

## **Senior Training**

Further information on indoor nets and fitness training will be announced in due course.